Proclaim National Recovery Month September 2013

According to the 2011 National Survey on Drug Use and Health, 2.3 million people in 2011, aged 12 or older, received specialty treatment for a substance use disorder and 31.6 million adults, aged 18 or older, received mental health services.

Addictions affect Americans of all ages, races and ethnic backgrounds and result in massive medical, social and economic costs. Given the serious nature of this public health problem, it is crucial to reach millions more who need help.

During National Recovery Month, individuals with substance use and mental health disorders and their families learn how sustainable recovery is possible through treatment services. Relatives and friends of people with disorders are taught to recognize problems, encouraged to take preventive measures, recognize and guide those in need to appropriate treatment and recovery support services.

This month also provides an opportunity to recognize the dedicated professionals in the County and the nation who provide treatment and recovery services with skill and empathy.

Over the years, thousands of citizens have moved on to lives of sobriety and stability because

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of the compassionate and quality care they received.

To help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services, the Substance Abuse and Mental Health Services Administration, the White House Office of National Drug Control Policy, and the Los Angeles County Department of Health Substance Abuse Prevention and Control invite all residents of the County of Los Angeles to participate in National Recovery Month during the month of September.

I THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:

Proclaim the month of September 2013 as National Recovery Month in the County of Los Angeles (County) and call upon all residents, healthcare organizations, private providers and community coalitions throughout the County and the County's Department of Public Health Substance Abuse Prevention and Control to observe this month with appropriate programs, activities, and ceremonies to support this year's Recovery Month.

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